# PARENT RESOURCES BODY SAFETY AND OPENING DIALOG

Each link listed below will direct you to the resource or a way to purchase the resource for your family

## **Books to Read with Kids**

Disclaimer: don't ever just hand your child a book like these and walk away. Read it with them and use it as a tool for conversations

#### **Preschool:**

God Made All of Me
God Made Me in His Image:
Helping Children Appreciate Their Bodies
My Body Is My Own

### **Elementary:**

Some Secrets Should Never Be Kept
Body Safety
Let's Talk about Body Boundaries,
Consent, and Respect

### **Preteen/Puberty:**

Guy Stuff: the body book for boys

The Care And Keeping of You (for girls)

Good Pictures, Bad Pictures, Jr.



@birds bees @parentcue
@christianparenting org
@raisingboysandgirls

#### Resources

Courses, Software, Podcasts and more

Parenting in a Tech World course

Parenting With Mental Health In Mind

**Bark Technologies** 

<u>Protecting Your Child From Sexual Abuse</u> <u>Discussion of 'God Made All of Me'</u>

<u>Celebrating our Bodies God Gave Us</u> <u>Discussion of 'God Made Me in His</u> <u>Image'</u>

Guide to Talking to Your Children About
Consent

## **Parenting Books**

From faith based authors, counselors, and professionals

<u>Parenting in a Tech World</u>

The Body Keeps The Score

**Boundaries With Kids** 

It Didn't Start with You

Raising Kingdom Kids

For a list of approved counselors and further external resources, visit <u>getvictory.net/resources</u>

