

# HOW TO USE THIS BOOK

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This book will guide you through the next four weeks of prayer. I want to encourage you to set aside five days each week to go through these devotions. After you complete the devotional reading, head on over to **[getvictory.net/pray](https://getvictory.net/pray)** and pray with the correlated audio recording for the day's prayer. I hope this season you find new purpose and power in your prayer life as you pray through Jesus' model.

## Our Model

One thing that God does in preparation for revival is to begin to stir up spiritual hunger and to lead people to prayer. I believe it is helpful to have a model that can guide your prayer as you learn. I use the PRAY model which is derived from the Lord's Prayer.

The acronym PRAY stands for:

**P** Press into God

**R** Resist the Status Quo

**A** Ask for What You Need

**Y** Yield to God's Grace

**TEACH US TO PRAY**

**YIELD  
TO GOD'S  
GRACE**



## DAY 1

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# YIELD TO GOD'S GRACE

### SCRIPTURE: Matthew 6:9-13

*"This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.'"*

### REFLECT

While we are bold in our approach to God as we come into his presence, we are not flippant about our sins.

Why do you think we aren't instructed by Jesus in the Lord's Prayer to get our sins out of the way first? Why do you think Jesus would have us present our needs to him even before asking forgiveness?

The scary thing about coming boldly before the God of the universe: we are weak, flawed, wrong, badly motivated, not as loving as we should be, and none of that is hidden from God. That's why I say that prayer is not for wimps or control freaks. You have to be bold before God, but you can't tame him. We yield to his grace. We're bold and yielding at the same time.

## DAY 2

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# YIELD TO GOD'S GRACE

### SCRIPTURE: James 5:15-16

*And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.*

### REFLECT

Looking again at the passage on healing in the book of James, we see confession is a part of God's plan for our healing.

James tells us to confess our sins to one another. If we can confess directly to God and ask his forgiveness, why should we confess to another person? What would be the benefits? What are some challenges to confessing to people? Do you have anyone besides God to confess your sins? This passage suggests that the kind of loving environment that fosters openness and vulnerability with each other is the kind of environment in which we can expect miracles of healing. God gives us as his followers a role in helping each other receive both forgiveness and healing.

Read 2 Chronicles 7:14. What does this teach us about confession of sin, if anything? What does this passage suggest about the benefits of asking for forgiveness? Is asking for forgiveness enough?

## DAY 3

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### YIELD TO GOD'S GRACE

#### SCRIPTURE: 1 John 3:7-10

*Dear children, do not let anyone lead you astray. The one who does what is right is righteous, just as he is righteous. The one who does what is sinful is of the devil, because the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the devil's work. No one who is born of God will continue to sin, because God's seed remains in them; they cannot go on sinning, because they have been born of God. This is how we know who the children of God are and who the children of the devil are: Anyone who does not do what is right is not God's child, nor is anyone who does not love their brother and sister.*

#### REFLECT

We know that we are not saved based on how good we are. If that's the case, why is John so adamant that we not continue sinning? Do you feel John is being harsh?

In my earlier years I would read 1 John 3:9, "No one who is born of God will continue to sin," and become a little frightened because I knew I still had sin in my life. Later in

my walk with Christ, I began to see that phrase as a promise that God would deliver me from the power of sin. How do you see that phrase? Is it a threat? Is it a promise? Is it some of both? Give the reasons for your answers.

John will not continue sinning! We do spiritual warfare as a matter of prayer. We also do this as a matter of lifestyle, as we discussed with kingdom priorities and power. We desire to be living sacrifices, holy and acceptable to God. The ability to confess our sins is not an excuse for maintaining a sinful way of life as a follower of Jesus. We are called to a holy lifestyle.

## DAY 4

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# YIELD TO GOD'S GRACE

### SCRIPTURE: 1 Peter 5:8-10

*Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings. And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.*

### REFLECT

The Bible says that our struggle is not with flesh and blood. The evil one is prowling around, looking to devour. We resist temptation, actively choosing a holy lifestyle. However, we ask God to deliver us from the evil one. This delivering work is a work of God's grace, too. We stand in dependence on God's strength and not our own.

James 4:7 also states that we need to humble ourselves and resist temptation. When we do that, the devil flees. We are both asking God to deliver us from the evil one, the devil, and we are actively resisting the devil. However, God focuses on helping us resist temptation by grace instead



of focusing on our sin and weakness. God is providing us protection and empowerment through his strength not our own. Through his armor, not ours. How can you depend on God to deliver you through his grace, regardless of what the devil throws against you?

## DAY 5

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### YIELD TO GOD'S GRACE

#### SCRIPTURE: Psalm 54

*Save me, O God, by your name; vindicate me by your might. Hear my prayer, O God; listen to the words of my mouth. Arrogant foes are attacking me; ruthless people are trying to kill me—people without regard for God. Surely God is my help; the Lord is the one who sustains me. Let evil recoil on those who slander me; in your faithfulness destroy them. I will sacrifice a freewill offering to you; I will praise your name, Lord, for it is good. You have delivered me from all my troubles, and my eyes have looked in triumph on my foes.*

#### REFLECT

Praise God for the victory!

Remember as you read this psalm that your struggle is not with flesh and blood! Meditate on this and thank God for the victory that is yours. Give God the praise and glory! Let God know how great he is.

What is a recent victory that you have experienced?

# Resource

## PRAY Template:

- P** Press into God
- R** Resist the Status Quo
- A** Ask for What You Need
- Y** Yield to God's Grace

## PRESS into God:

- Embrace him as our Father
- Enter his gates with thanksgiving and his courts with praise
- Thank him for the blood of Jesus that gives us bold access
- Pray for God to be glorified in all the earth, his name be hallowed
- Express desire for him (Psalms 27 and 42)

## RESIST the status quo:

- Declare the kingdom of God over these areas:
  - My own life
  - My family
  - My church
  - My world
  - The world: nation, leaders, etc.
- Enable your servants, laborers for harvest, salvation of souls
- Stretch out your hand to heal and perform signs and wonders (Acts 4)
- Displacement of the kingdom of darkness
- Revival/Awakening

## ASK for what I need:

- What I need for today:
  - materially
  - spiritually
  - relationally
  - friends, favor, finances
- Bless me and expand my territory
- Give God all my anxiety, stress, worries
- Trust God, don't lean on my own understanding

## YIELD to God's grace:

- Confess and repent of my sins
- Release anyone who has offended me (release them)
- Let go of or overlook all offenses (release myself)
- Expect God not to lead me into temptation, but beside still waters
- Receive grace for any testing or temptation that comes my way
- Put on the armor of God, the nature of Christ
- Resist the devil and expect him to flee
- Praise God for the victory